

Track No	From	To			
adhyatam_1 A	00:00		Introduction	Stuti	
adhyatam_1 A	15:17		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 1		<p>Ùe: He=efLeJeerYejJeejCeeÙe efoefJepew: mebøeeefLe&amp;leefševceÙe: mebpee: He=efLeJeerleues jefJekegâues ceeÙeeceveg&lt;ÙeesÔJÙeÙe: ~ efveše&gt;ebâ nleje#eme: Hegvejieeod yeüyelJecceÂeb efmLejeb keâerefle&amp;b HeeHenjeb efJeOeeÙe peieleeb leb peevekeâerMeb Yepes ~~ 1~~</p>
adhyatam_1 A	22:33		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 2		<p>efJeÔeesÆJeefmLee fleueÙeeef o&lt;eg nslegceskebâ ceeÙeeefšeÙeb efJeieleceeeÙeeceefÙevlÙecetefl e&amp;ced ~ DeevevomeevoÇceceueb efvepeyeesOe×Heb efmeleeHeefleb efJeefoleleòJecenb vecееefce ~~ 2~~</p>
adhyatam_1 A	31:42:00		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 3		<p>He"efvle Ùes efvelÙeecevevÙeÙesleme: Me=CJeefvle ÙeeOÙeeeflcekeâmebef%eleb MegYeced ~ jeceeÙeCeb meJe&amp;HegjeCemebceleb efveOet&amp;leHeeHee nefjcesJe Ùeeefvle les ~~ 3~~</p>
adhyatam_1 A	34:39:00		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 4		<p>DeOÙeelcejeceeÙeCecesJe efvelÙeb He"sÂeoerÙÙsÆJeyevOecegefk eäleced ~ ieJeeb menÇEeeÙeglekeâesefšoeveele</p>

					<p><b>d</b>  <b>Heâueb ueYesÂe:</b>  <b>Me=CegÛeelme efvelÛeced ~ ~</b>  <b>4 ~ ~</b></p>
adhyatam_ ramayan_1 A	39:16:00		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 5		<p><b>HegjeefjefieefjmebYetlee</b>  <b>ßeerjeeCe&amp;Jeme*dielee ~</b>  <b>DeOÛeelcejeceie*diesÛeb</b>  <b>Hegveeeffe YegJeve\$eÛeced</b>  <b>~ ~ 5 ~ ~</b></p>
adhyatam_ ramayan_1 A	40:12:00		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 6		<p><b>kewâueemeeieüs</b>  <b>keâoeefÛeoÇefJeMeleefJeeceues</b>  <b>ceefvojs jlveHeer"s</b>  <b>mebefJe°b OÛeeveefve...b</b>  <b>ef\$eveÛeveceYeÛeb</b>  <b>mesefJeleb efmeæmeblew: ~</b>  <b>osJeer Jeecee;mebmLee</b>  <b>efieefjJejleveÛee HeeJe&amp;leer</b>  <b>Yeefkeäleveceüe</b>  <b>øeensob osJeceerMeb</b>  <b>mekeâueceuenjb</b>  <b>JeekeäÛeecevevokeâvojced ~ ~</b>  <b>6 ~ ~</b></p>
adhyatam_ ramayan_1 A	42:13:00		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 7 - 9		<p><b>HeeJe&amp;lÛegJeeÛe</b>  <b>veceesÓmleg les osJe</b>  <b>peieefVeJeeme</b>  <b>meJee&amp;lceo=kedâ lJeb</b>  <b>HejcesÕejesÕefme ~</b>  <b>He=ÛÛeefce leòJeb</b>  <b>Hegjes&lt;eesðecemÛe</b>  <b>meveeleveb lJeb Ûe</b>  <b>meveeleveesÕefme ~ ~ 7 ~ ~</b>  <b>ieesHÛeb</b>  <b>ÛeolÛevlecevevÛeJeeÛÛeb</b>  <b>Jeoevle Yekeäles&lt;eg</b>  <b>cenevegYeeJee: ~</b>  <b>leoHÛenesÓnb leJe osJe</b>  <b>Yekeälee</b>  <b>eføeÛeesÕefme ces lJeb Jeo</b>  <b>Ûeðeg He=°ced ~ ~ 8 ~ ~</b>  <b>%eeveb meefJe</b></p>

					<b>%eeveceLeevegYeefkeäleJewje iÙeÙegkeäleb Ùe efceleb efJeYeemJeled ~ peeveecÙenb Ùeeseef&lt;eoeffHe ljeogkeäleb ÙeLee leLee yeütefn lejefvle Ùesve ~~ 9~~</b>
adhyatam_1 A	44:54:00		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 10		<b>He=ÙÙeefce ÙeevÙeÙÙe Hejb jnmÙeb leosJe Ùeeieüs Jeo Jeeefjpee#e ~ ßeerjeceÙevoÇsÓefKeueueesk eâmeejs Yeefkeäleo=&amp;{e veewYe&amp;Jeeffe øeefmeæe ~~ 10~~</b>
adhyatam_1 B	00:00		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 11		<b>Yeefkeäle: øeefmeæe YeJekeâes#eCeeÙe veevÙeðele: meeOeveceefmle efkeâef_Ùeled ~ leLeeefHe ùlmebMeÙeyevOveeb ces efJeYesðegcen&amp;mÙeceueeseefk eäleefYemljeced ~~ 11~~</b>
adhyatam_1 B	03:04		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 12	God is every where - Advaita Discussion	<b>Jeoefvle jecéb HejceskeâceeÅeb  efvejmlceceeÙeeiegCemeøeJeen ced ~ Yepeeefvle Ùeenefve&amp;Meceøeceðee: Hejb Heob Ùeeefvle leLewJe efmeæe: ~~ 12~~</b>
adhyatam_1 B	06:31		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 13 - 15	Was Ram not enlightened ? So why he was crying for Sita in the forest. (Verse - 14)	<b>Jeoefvle kesâefÙelHejceesÓefHe jece: mJeeefJeÅeÙee mebJe=leceelcemeb%eced ~ peeveeefle veelceevecele: HejsCe mecyeeseefOelees Jeso HejelceleòJeced ~~ 13~~</b>

					<p> <b>Ùeefo mce peeveee fle</b>  <b>kegâlees efJeueeHe:</b>  <b>meerleeke=âlesÓvesve</b>  <b>ke=âle: HejsCe ~</b>  <b>peeveee fle vewJeb Ùeefo</b>  <b>kesâve mesJÙe:</b>  <b>mecees efn mejew&amp;jefHe</b>  <b>peerJepeelew: ~~ 14~~</b>  <b>De\$eesòejb efkebâ efJeefoleb</b>  <b>YeJeefÆmleod</b>  <b>yeütle ces mebMeÙeYesefo</b>  <b>JeekeäÙeced ~~ 15~~</b> </p>
adhyatam_1 B	14:45 & 18:00		<p>           Bala Kanda -            Prathama Sarga -            Rama Hridayam -            Verse 16         </p>	<p>           What is the essence of            Ram - Ram Tattwa ?         </p>	<p> <b>ßeerceneosJe GjeeÙe</b>  <b>OevÙeeefme Yekeäleeeefme</b>  <b>Hejelcevemljeb</b>  <b>Ùep%eelegefceÙÙe leJe</b>  <b>jecelèJeced ~</b>  <b>Hegje ve</b>  <b>kesâveeHÙee fYeÙeesefoleesÓ</b>  <b>nb</b>  <b>Jekeälegb jnmÙeb Hejceb</b>  <b>efveiet{ced ~~ 16~~</b> </p>
adhyatam_1 B	21:48		<p>           Bala Kanda -            Prathama Sarga -            Rama Hridayam -            Verse 17 - 18         </p>	<p>           Answer to What is the            tattwa of Ram         </p>	<p> <b>ljeÙeeÅe YekeälÙee</b>  <b>HeefjveesefoleesÓnb</b>  <b>Je#Ùes vecemkeâlÙe</b>  <b>jletòcecb les ~</b>  <b>jece: Hejelcee</b>  <b>øeke=âlesjveeefojevevo</b>  <b>Skeâ: Heg® &lt;eesòecees</b>  <b>efn ~~ 17~~</b>  <b>mJecceÙeÙee ke=âlmveefceob</b>  <b>efn</b>  <b>me=°djee</b>  <b>veYeesJeovleye&amp;efnjeefmLelee</b>  <b>s Ùe: ~</b>  <b>meJee&amp;vlejmLeesÓefHe</b>  <b>efveiet{</b>  <b>Deelcee mJecceÙeÙee</b>  <b>me=°efceob efJeÙe°s ~~ 18~~</b> </p>

adhyatam_1 B	26:40:00		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 18	[26:50] What is Maya, Definition of Maya as per Advaita	
adhyatam_1 B	29:38:00		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 19		peieefvle efvelÜeb Heefjlees Yeüceefvle ÜelmeefVeOeew ÜegcyekeâueesnJeefæ ~ SleVe peeveefvle efJecet{efÜèèee: mJeeefJeÅeÜee mebJe=leceevemee Ües ~~ 19~~
adhyatam_1 B	31:32:00		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 20		mJee%eeveceHÜeelceefve Megæyegæs mJeejesHeÜevleern efvejmlceeeÜes ~ mebmeejcesJeevegmeJefvle les Jew Heg\$eeefomekeälee: Heg®keâce&Üegkeälee: ~~ 20~~
adhyatam_1 B	37:26:00		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 21		ÜeLeeÓøekeâeMees ve leg efJeÅeles jJeew pÜeese fle:mJeYeeJes HejcesÕejs leLee ~ efJeMegæefJe%eeveleves jletòecesÓefJeÅee keâLeb mÜeelHejle: Hejelceefve ~~ 21~~
adhyatam_1 B	38:37:00		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 22		ÜeLee efn Üee#Cee Yeücelee ie=neefokebâ efJeve°o=°sYeü&celeerJe o=MÜeles ~ leLewJe osnsefvoÇÜekeâleg&jelceve: ke=âles HejsÓOÜemÜe pevees efJecegçee fle ~~ 22~~

adhyatam_1 B	40:13:00		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 23		veenes ve jeef\$e: meefJelegÙe&Lee YeJesled  øeekeâeMexHeeJÙeeefYeÙeejle: keäJeefÙeled ~ %eeveb leLee%eveefceob ÉÙeb njew jeces keâLeb mLeemÙeeffle MegæefÙeodleves ~~ 23~~
adhyatam_1 B	41:29:00		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 24	Explanation on Shushupti dream less sleep	lemceelHejevevoceÙes jletòeces efJe%eeveæHes efn ve efJeÅeles lece: ~ De %eevemeeef#eCÙejefJevouees Ùeves ceeÙeeßeÙelJeeVe efn ceesnkeâejCeced ~~ 24~~
adhyatam_1 B	43:56:00		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 25	How one is liberated - Two methods	De\$e les keâLeefÙe<Ùeeefce jnmÙeceeefHe ogue&Yeced ~ meerleejecece@lmetvegmebjle eob cees#emeeOeved ~ 25~~
adhyatam_1 B	45:36:00		Bala Kanda - Prathama Sarga - Rama Hridayam - Verse 26 - 29	Essentials for / steps to Jnana or path of knowledge	Hegje jecceÙeCes jeces jeJeCeb osJekeâC\$keâced ~ nlJee jCes jCeMueeleer meHeg\$eyeueJeenved ~ 26~~ meerleÙee men megieüerJeue#ceCeeYÙeeb meceefvJele: ~ DeÙeesOÙeeceieceoÇcees nvetceløecegKewJe=&le: ~ 27~~ DeefYeef<ekeäle: HeefjJe=lees Jeefme...eÅewce&nelceefYe: ~ efmebnemeves meceemeerve: keâesefšmetÙe&meceøeYe: ~~ 28~~ o=°dJee leoe nvetcevleb
adhyatam_2 A	0:00				

					<b>øee_peefueb Hegjle: efmLeleced ~ ke=âlekeâeÙe&amp;b</b>
adhyatam_2 A	09:25		Bala Kanda - Prathama Sarga - Rama Hridayam - 30		jece: meerleecegJeeÙesob yeütefn leðJeb nveteles ~ efve<keâuce<eesÓÙeb %eevemÙeHee\$eb vees efvelÙeYeeefkeäleceeeved ~ ~ 30 ~ ~
adhyatam_2 A	10:34		Bala Kanda - Prathama Sarga - Rama Hridayam - 31 - 33	25:46 - Explanation of Sarva vyapi Atma Aatmaa	nveteles øeHeVeeÙe meerlee ueskeâefJeceesefnveer ~ ~ 31 ~ ~ meerleesJeeÙe jeceb efJeeefæ Hejb yeüye meefÙÙeoevevoceÉÙeced ~ meJees&HeeefOeeefJeeefveceg&k eäleb medeecee\$eceieesÙejced ~ ~ 32 ~ ~ Deevevob efvece&ueb Meevleb efveefJe&keâejb efvej_peveced ~ meJe&JÙeeefHeveceelceeveb mJeøekeâeMecekeâuce<eced ~ ~ 33 ~ ~
adhyatam_2 A	31:00		Bala Kanda - Prathama Sarga - Rama Hridayam - 34		ceeb efJeeefæ cetueøeke=âefleb meie&efmLelÙevlekeâeeefjCeerc ed ~ lemÙe meefVeefOecee\$esCe me=peeceeroceleefvoÇlee ~ ~ 34 ~ ~
adhyatam_2 A	31:33		Bala Kanda - Prathama Sarga - Rama Hridayam -		lelmeeeefVeOÙeevceÙee me=°b leefmceVeejesHÙelesÓyegOew: ~

adhyatam_2 A	32:07		Bala Kanda - Prathama Sarga - Rama Hridayam -		DeÙeesOÙeeveiejs pevce jlegJebMesÓefleefvece&ues ~ ~ 35 ~ ~ efJeÕeeefce\$emeneÙelJeb ceKemebj#eCeb lele: ~ DenuÙeeMeeHeMeceveb ÙeeHeYe*diees censefMeleg: ~ ~ 36 ~ ~ celHeeefCeieünCeb He\$eeYeeie&JemÙe ceo#eÙe: ~ DeÙeesOÙeeveiejs Jeemees ceÙee ÉeoMeJeeef<e&keâ: ~ ~ 37 ~ ~ oC[keâejCÙeieceveb efJejeOejeOe SJe Ûe ~ ceeÙeeceejerÙecejCeb ceeÙeemeerleeùeflemleLee ~ ~ 38 ~ ~
adhyatam_2 B	40:26 0:00		Bala Kanda - Prathama Sarga - Rama Hridayam -		pešeÙeg<ees cees#eueeYe: keâyevOemÙe leLewJe Ûe ~ MeyeÙee&: Hetpeveb He\$eelmegieüerJesCe meceeiece: ~ ~ 39 ~ ~
adhyatam_2 B	04:48		Bala Kanda - Prathama Sarga - Rama Hridayam -		Jeeefueveše JeOe: He\$eelmeerleevJes<eCecesJ e Ûe ~ meslegyevOeše peueOeew ue;eÙeeše efvejesOeveced ~ ~ 40 ~ ~ jeJeCemÙe JeOees Ûegæs megHeg\$emÙe ogjelceve: ~ efJeYeer<eCes jepÙeoeveb Heg<HekesâCe ceÙee men ~ ~ 41 ~ ~ DeÙeesOÙeeieceveb



					HeſeeoÇepÛes jeceefYe<esÛeveced ~ SJeceeoerefve kêâcee&efCe ceÛewJeeÛeefjleevÛeefHe DeejesHeÛeefvle jecesÓefmceefVeeffJe&kêâej sÓefKeueelceefve ~~ 42~~
adhyatam_ ramayan_2 B	07:58		Bala Kanda - Prathama Sarga - Rama Hridayam -		jecees ve ieÛÛefle ve efle...efle veevegMeesÛelÛeekeâe*d#ele s lÛepeefle vees ve kêâjesefle efkêâef_Ûeled ~ Deevevocetefle&jÛeue: HeeffJCeecenervees ceeÛeeiegCeevevegielees efn leLee efJeYeeefle ~~ 43~~
adhyatam_ ramayan_2 B	09:18		Bala Kanda - Prathama Sarga - Rama Hridayam -	[09:55] Atma Aatmaa {Jivatma Jivaatmaa Pratyagat,a} Anaatmaa Anatma {Drushya Drishya} Paraatmaa Paratma {Paramatma}	lelees jece: mJeÛeb øeen nvetcvleceegHeefmLeleced ~ Me=CegleòJeced øeJe#Ûeeefce çeelceeveelceHejelceveeced ~~ 44~~ DeekeâeMemÛe ÛeLee Yesoefm\$eeffJeOees o=MÛeles ceneved ~ peueeMeÛes cenekeâeMemleoJeeffÛÛVe SJe efn ~ øeefleefyebyeekÛeceHejb o=MÛeles ef\$eeffJeOeb veYe: ~~ 45~~ yegædÛeJeeffÛÛVeÛewlevÛeces kebâ HetCe&ceLeeHejced ~ DeeYeememljeHejb efyecyeYetlecesJeb ef\$eOee efÛeefle: ~~ 46~~
adhyatam_	13:11		Bala Kanda -		meeYeemeyegæs:

ramayan_2 B			Prathama Sarga - Rama Hridayam -		keâle=&lJeceefJeeŦŦVesÔe fJeekeâeeŦJefCe ~ meeef#eCŦeejesHŦeles YeüevlŦee peerJelJeb Ŧe leLee yegOew: ~~47~~
adhyatam_ ramayan_2 B	14:02		Bala Kanda - Prathama Sarga - Rama Hridayam -		DeeYeememleg ce=<ee yegefæJefJeeÅeekeâeŦe&ceg ŦŦeles ~ DeefJeeŦŦVeb leg leodyeüye efJeeŦŦsomleg efJeekeâuHele: ~~ 48~~
adhyatam_ ramayan_2 B	14:38		Bala Kanda - Prathama Sarga - Rama Hridayam -		DeefJeeŦŦVemŦe HetCes&ve SkeâlJeb øeeŦleHeeÅeles ~ leòJecemŦeeefoJeekeäŦew& e meeYeememŦeencemleLee ~~ 49~~
adhyatam_ ramayan_2 B	15:14		Bala Kanda - Prathama Sarga - Rama Hridayam -	Ajnan vs Bhram {Not knowing vs wrong knowledge}	SskeäŦe%eeveb ŦeoelHeVeb ceneJeekeäŦesve Ŧeelcevees: ~ leoeeŦJeeÅee mJeekeâeŦew&Ŧe veMŦelŦesJe ve mebMeŦe: ~~ 50~~
adhyatam_ ramayan_2 B	19:54		Bala Kanda - Prathama Sarga - Rama Hridayam -	[23:27] Bhakti Devotion is the culmination of Jnana knowledge; Knowldege Jnan is the culmination of Bhakti	SleefÉ%eeŦe ceÆEkeälees ceÆeeJeeŦeesHeHeÅeles ~ ceÆefkeäleefJeecegKeeveeb efn Meem\$eieles&<Ŧed ceg çeleeced ~ ve %eeveb ve Ŧe cees#e:

					mÙeeòes<eeb pevceMelewjefHe ~~51~~
adhyatam_ ramayan_2 B	23:59		Bala Kanda - Prathama Sarga - Rama Hridayam -		Fob jnmÙeb ùoÙeb ceceelcevees ceÙewJe mee#eelkeâefLeleb leJeevele ~ ceÆefkeälenerveeÙe Me"eÙe ve lJeÙee oeleJÙecewvoÇeoefHe jepÙeleesÓefOekeâced ~~ 52~~
adhyatam_ ramayan_2 B	26:18		Bala Kanda - Prathama Sarga - First Sarga - Rama Hridayam -		BeerceneosJe GjeeÙe SleòesÓefYeefnleb osefJe BeerjeceùoÙeb ceÙee ~ Deefleiegçeleceb ùÅeb HeefJe\$eb HeeHeMeesOeveced ~~ 53~~ mee#eeoÇecesCe keâefLeleb meJe&Jesoevlemebieünced ~ Ùe: He"slmeleleb YekeälÙee me cegkeäles vee\$e mebMeÙe: ~~ 54~~ yeüyenlÙeeefo HeeHeeefve yengpevceeeefpe&leevÙeefH e ~ veMÙevlÙesJe ve mevosnes jecemÙe JeÙeveb ÙeLee ~~ 55~~

adhyatam_ ramayan_2 B	27:00		Bala Kanda - Prathama Sarga - Rama Hridayam -	Why there is degradation of Dharma righteous path	<p> ÙeesÓefleYeü°esÓefleHeeH  eer HejOeveHejoejs&lt;eg  efvelÙeesÅelees Jee  mlesÙeer  yeüÿelveceeeleefHele=JeOe  efvejees  ÙeesejieJe=voeHekeâejer  Ùe: mebHetpÙeeefYejeceb  He"efle Ûe ùoÙeb  jeceÙevoÇmÙe YekeälÙee  ÙeesieervoÇwjHÙeueYÙeb  Heoefcen ueYeles  meJe&amp;osJew: me HetpÙeced  ~~ 56~~  Fefle  ßerceoOÙeelcejeceeÙeCes  GceecensÕejmebJeeos  yeeuekeâeC[s  ßeerjeceùoÙeb veece  øeLece: meie&amp;: ~~ 1~~ </p>
adhyatam_ ramayan_2 B	29:36		Bala Kanda - Dwitiya Sarga Second Sarga		<p> HeeJe&amp;lÙegJeeÙe  OevÙeemcÙevegie=nerlee  fmce ke=âleeLee&amp;efmce  peieløeYees ~  efJeeFÛÙVees  cesÓefmlemevosnieüefvLeY  e&amp;Jeovegieüneled ~~ 1~~  ljevcegKeeûefueleb  jeceleðJeece=lejmeeÙevece  d ~  efHeyeefvle ces cevees osje  ve le=HÙeefle YeJeeHenced </p>

					<p>~~ 2~~          ßeerjecemÙe keâLee lJeðe:          Me=lee meb#esHelees          ceÙee ~          Foeveerb          ßeeslegefceÙÙeefce          efJemlejsCe mHegâše#ejced          ~~ 3~~</p>
adhyatam ramayan_2 B	31:57		Bala Kanda - Dwitiya Sarga Second Sarga	<p>[33:24] The aim of          scripture is destruction          of all sorrow not          providing wealth          [35:31] Due to          ignorance sorrow          results</p>	<p>ßeerceneosJe GjeeÙe          Me=Ceg osefJe          øJe#Ùeeefce iegçeeûg          çelejb cenled ~          DeOÙeelcejeceÙejefleb          jecesCeeskealeb Hegje cece          ~~ 4 ~          leoÅe keâLeefÙe&lt;Ùeeefce          Me=Ceg          leeHe\$eÙeeHenced ~          ÙeÙÙ=Ijee cegÙÙeles          pevlegj          %eeveeslLeceneYeÙeeled ~          øeeHveese fle          Hejceece=efæced          oerlee&amp;Ùeg:          Heg\$emevleefleced ~~          5~~</p>
adhyatam ramayan_2 B	36:05		Bala Kanda - Dwitiya Sarga Second Sarga		<p>YetefceYee&amp;jsCe ceivee          oMeJeovecegKeeMes&lt;ej#ee          sieCeeveeb          Oe=Ijee ieesxHeceeoew          efoefJepecegefvepevew:</p>

					<p>meekeâceypeemevemÛe ~ ielJee ueeskebâ xovleer JÛemevecegHeieleb yeüÿeCes øeen meJe&amp;b yeüÿee OÛeelJee cegntle&amp;b mekeâueceefHe</p> <p>ùoeJesoMes&lt;eelcekeâlJeele d ~ ~ 6 ~ ~ lemceel#eerjmecegoÇleerjc eieceod yeüÿeeLe osJewJe=&amp;lees osJÛee ÛeeefKeueueeskeâùlmLece pejb</p> <p>meJe&amp; %eceerMeb nefjced ~ Demleew&lt;eerÛÛ=efleefme æefvece&amp;ueHeow: mlees\$ew: HegjeCeesÆJew Ye&amp;keälÛee ieûoÛee</p> <p>efiejeefleefJeceuewjjevevoye e&lt;HewJe=&amp;le: ~ ~ 7 ~ ~</p>
adhyatam_ ramayan_2 B	43:17		Bala Kanda - Dwitiya Sarga Second Sarga	[46:50] Why space akash is bule, why the colour of God is blue	<p>lele: mHegâjlmenÆeebMegmen Æeimeo=MeøeYe: ~ DeeefJejemeeræefj: øeeÛÛeeb efoMeeb JÛeHeveÛebmlece: ~ ~ 8 ~ ~ keâLebefÛeö=°dJeevyeüÿee ogo&amp;Me&amp;ceke=âleelceveec</p>

					ed ~ FvoÇveerueøeleerkeâeMeb efmceleemÛeb He©eueesÛeveced ~ ~ 9 ~ ~ efkeâjeršnejkesâÛetjkegâC[ uew: keâškeâeefoefYe: ~
adhyatam_3 A	0:00		Bala Kanda - Dwitiya Sarga Second Sarga		efJeYeüepeceeevab ßeerJelmekeâewmlegYeøeYeÛeee fvJeleced ~ ~ 10 ~ ~ mlegJeeFÆ: mevekeâeÅewşe Hee<e&ow: HeefjJesef°leced ~ MeËÛe>eâieoeHe©eJevecee ueefJeJeeFpeleced ~ ~ 11 ~ ~ mJeCe&Ûe%eesHeJeerlesve mJeCe&JeCee&cyejsCe Ûe ~ efßeÛee YetcÛee Ûe meefnleb ie®[esHeefj mebefmLeleced ~ ~ 12 ~ ~ n<e&ieûoÛee JeeÛee mleeslegb mecegHeÛe>eâces ~ ~ 13 ~ ~
adhyatam_3 A	0:53		Bala Kanda - Dwitiya Sarga Second Sarga		yeüÿeesJeeÛe veleesÓefmce les Heob osJe øeeCe yegæerefvoÇÛeelceefYe: ~ ÛeefÛÛevlÛeles keâce&HeeMeeæ=efo efvelÛeb cegceg#egefYe: ~ ~ 14 ~ ~ ceeÛeÛee iegCeceÛÛee lJeced me=pemÛeJeeFme

					uegcHeefme ~ peiedesve ve les uesHe DeevevoevegYeJeelceve: ~~ 15~~
adhyatam_ ramayan_3 A	04:04		Bala Kanda - Dwitiya Sarga Second Sarga	[06:12] How to experience God Directly {Pratyaksha}; Indirectly {Paroksha} and Aparoksha	leLee Megefæve& og°eveeb oeveeOÙeÙevekeâce&efYe: ~ Megæelcelee les ÙeMeefme meoe Yeeffeälecelee ÙeLee~~16~~ DelemleJeeef*dleüces& o=°ef§eòeoes<eeHevegòeÙ es ~ meÅeesÓvleù&oÙes efvelÙeb cegefveefYe: meelJelewJe=&le: ~~17~~
adhyatam_ ramayan_3 A			Bala Kanda - Dwitiya Sarga Second Sarga		yeüyeeÅew: mJeeLe&efmeædÙeLe&cemceeef Ye: HetJe&meseffeJe: ~ DeHejes#eevegYetlÙeLe&b %eeefveefYeù&efoYeeefJe : ~~ 18~~ leJeeef*dleüHetpreefvecee& uÙeleguemeerceeueÙee efJeYees ~ AmHeOe&les Je#eefme Heob ueyOJeeefHe ßeer: meHeeflveJeled ~~ 19~~ DelemJelHeeoYekeäles<eg leJe Yeeffeäle: efßeÙeesÓefOekeâe ~ YeeffeälecesJeeefYeJee_Ùef vle lJeÆkeälee:



					meejJesefove: ~ 20 ~ DelemlJelHeeokeâceues YeefkeälejsJe meoemleg ces ~ mebmeejceÙeleHleeveeb Yes<epeb YeefkeälejsJe les ~ 21 ~ Fefle yeüglevleb yeüyeeCeb yeYee<es YeieJeeved nefj: ~ efkebâ keâjesceerefle leb JesOee: øelÙegJeeÙeeeflenef<e&le: ~ 22 ~
adhyatam_3 A	07:54		Bala Kanda - Dwitiya Sarga Second Sarga		YeieJeeved jeJeCeess veece HeewuemiÙeeleveÙees ceneved ~ je#emeveeceefOeHeeflece &öøeJejoefHe&le: ~ 23 ~
adhyatam_3 A	09:36		Bala Kanda - Dwitiya Sarga Second Sarga		ef\$eueeskeâerb ueeskeâHeeueeb\$e yeeOeles efJeÕeyeeOekeâ: ~ ceeveg<esCe ce=eflemlemÙe ceÙee keâuÙeeCe keâefuHelee ~ 24 ~ DelemlJeb ceeveg<ees YetlJee peefn osJeefjHegb øeYees ~ 25 ~
adhyatam_3 A	14:09		Bala Kanda - Dwitiya Sarga Second Sarga		BeerYeieJeevegJeeÙe keâMÙeHemÙe Jees oøemleHemee

					<p>leesef&lt;elesve ces ~  ÙeeefÙele: Heg\$eYeeJeeÙe  leLeslÙe*dieerke=âleb  ceÙee ~  me Foeveerb oMejLees  YetlJee efle...efle Yetleues  ~~26~~  lemÙeenb Heg\$eleeceslÙe  keâewmeuÙeeÙeeb MegYes  efoves ~  ÙelegOee&amp;lceevcesJeenb  me=peeceerlejÙees:  He=Lekedâ ~~27~~  ÙeesieceeÙeeefHe  meerlesefle pevekeâmÙe  ie=ns leoe ~  GIHelmÙeles leÙee  meeOe&amp;b meJe&amp;b  mecHeeoÙeecÙenced ~  FIÙegkeälJeevleo&amp;Oes  efJe&lt;Cegyeü&amp;ÿee  osJeeveLeeyeüJeerled  ~~28~~</p>
adhyatam_ ramayan_3 A	17:21		Bala Kanda - Dwitiya Sarga Second Sarga		<p>yeüÿeesJeeÙe  efJe&lt;Cegcee&amp;veg&lt;eꝥHesCe  YeefJe&lt;Ùee fle jlees:  kegâues ~~29~~  ÙetÙeb me=peOJeb  meJes&amp;ÓefHe  Jeevejs&lt;JebMemecYeJeeved  ~  efJe&lt;Cees: meneÙeb  kegâ®le</p>

					ÛeeJelmLeemÛee fle Yetleues ~ ~ 30 ~ ~
adhyatam_ ramayan_3 A	19:38		Bala Kanda - Dwitiya Sarga Second Sarga		Fefle osJeevmeceeeefoMÛe meceeÕeemÛe Ûe cesefoveerced ~ ÛeÛeew yeüÿee mJeYeJeveb efJepJej: megKeceeeefmLele: ~ ~ 31 ~ ~ osJeeşe meJes& nefj⌘HeOeeefjCe: efmLelee: meneÛeeLe&efcelemllees njs: ~ ceneyeuee: HeJe&leJe=#eÛeesefOeve: øeleer#eceeCee YeieJevleceerÕejced ~ ~ 32 ~ ~ Fefle ßeerceoOÛeelcejeceÛeCes GceecensÕejmebJeeos yeeuekeâeC[s efÉleerÛe: meie&: ~ ~ 2 ~ ~
adhyatam_ ramayan_3 A	21:07		Bala Kanda - Third Sarga	[24:00] Who is a Brahmana as per manu smriti - those who are bereft of sadachar / right action and vidya / knowledge {of Brahman?} can't be called as Brahmana	ßeerceneosJe GjleeÛe DeLe jepee oMejLe: ßeerceevmelÛeHejeÛeCe: ~ DeÛeesOÛeeefOeHeefleJeer &j: meJe&ueeskesâ<eg efJeßegle: ~ ~ 1 ~ ~ meesÔveHelÛelJeog:Kesve Heeref[lees ieg®ceskeâoe ~ Jeefme...b

				<p> mJekegâueeÛeeÛe&amp;ceefYeJ  eeÅsoceyeÛJeerled ~ ~  2 ~ ~  mJeeefcevHeg\$ee keâLeb  ces mÛeg:  meJe&amp;ue#eCeueef#ele: ~  Heg\$enervemÛe ces jepÛeb  meJe&amp;b og:KeeÛe  keâuHeles ~ ~ 3 ~ ~  leleesÓyeÛJeerÊefme...mleb  YeefJe&lt;Ûeefvle  megleemleJe ~  ÛelJeej: meòJemecHeVee  ueskeâHeeuee FJeeHeje:  ~ ~ 4 ~ ~  MeevleeYelee&amp;jceeverÛe  \$e+&lt;Ûeßeg*dieb  leHeesOeveced ~  DemceefYe: meefnle:  Heg\$ekeâecesef°b  MeerleüceeÛej ~ ~ 5 ~ ~ </p>
	24:36			<p> leLese fle cegefveceeverÛe  ceefv\$eefYe: meefnle:  MegefÛe: ~  Ûe%ekeâce&amp; meceejsYes  cegefveefYeJeer&amp;lekeâuce&lt;  ew: ~ ~ 6 ~ ~  ßæÛee ntÛeceevesÓiveew  leHlepeecyetveoøeYe: ~  HeeÛemeb  mJeCe&amp;Hee\$emLeb  ie=nerlJeesJeeÛe nJÛeJeesd </p>

					<p>           ~ ~ 7 ~ ~            ie=neCe HeeÙemeb efoJÙeb            Heg\$eerÙeb            osJeefveefce&amp;leced ~            ueHmÙemes Hejceelceeveb            Heg\$elJesve ve mebMeÙe:            ~ ~ 8 ~ ~            FIÙegkeälJee HeeÙemeb            oòJee je%es            meesÓvleo&amp;OesÓveue: ~            JeJevos cegefveMeeot&amp;ueew            jepée ueyOeceveesjLe: ~ ~            9 ~ ~            Jeefme...            \$e+ &lt;Ùeßeg*dieeYÙeeceveg            %eelees ooew ñje: ~            keâewmeuÙeeÙew            mekwâkesâÙÙew            DeOe&amp;ceOe&amp;b øeÙelvele:            ~ ~ 10 ~ ~            lele: megefce\$ee            mebøeeHlee peie=Oveg:            Heewef\$ekebâ Ûe®ced ~            keâewmeuÙee leg            mJeYeeieeOe&amp;b ooew            lemÙew            cegoeefvJeele ~ ~ 11 ~ ~            kewâkesâÙeer Ûe            mJeYeeieeOe&amp;b ooew            øeereflemeceefvJeele: ~            GHeYegpÙe Ûe®b meJee&amp;:            efm\$eÙees            ieYe&amp;meceefvJeele: ~ ~         </p>
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[illegible]